

Rock & Read, developed in association with Cherrydale Baptist Church Children's Ministries, is a bi-weekly interactive program for infants & preschoolers to enjoy with their parents or caregiver. Each hour-long session includes singing, dancing, listening to stories, and making new friends. The songs and stories are appropriate for children ages one through four, but infant siblings of participating children are also welcome to attend.



The spring 2011 program begins on January 14, 2011, and meets every other Friday morning from 10:30-11:30am through May 27. The cost per family (up to four children) is \$35 for the nine-session semester.

At Rock & Read, children are encouraged to participate in singing and motions through which they practice gross motor skills and creative expression. Our story time books are carefully chosen to nurture a young child's imagination, character, and faith. Children also enjoy a snack of Cheerios and low-sugar juice boxes during story time.

Our next free Open House is Friday, October 22, at 10:30am in Room 119 at Cherrydale Baptist Church, 3910 Lorcom Lane, Arlington, 22207. Stop by with your child(ren) to experience the fun and friendship that's part of Rock & Read!

You'll also have the opportunity to sign up for the spring semester before the November 30th registration deadline. Please join us!

Hear ye! Hear ye!

The Straight Street Singers

present the musical

MR. WYTHE THROWS A PARTY

Christmas in Williamsburg

An original musical by Parson Herb Owen of the Bruton Parish

presented in early December

(date to be announced next Wednesday)

Open to all first through sixth graders in the Colony who choose to participate.

Rehearsals each Wednesday at 6:30pm and at other times as announced.

Download the music score at straightstreet.net/download/christasmusical.pdf

Sing-along as you listen to the music at straightstreet.net/christasmusical/

Registration, costume information, script, and full schedule to be distributed next Wednesday at 6:30pm.

Participants may audition for solos and speaking parts at their leisure

Why you should consider two

For first graders through adults, Cherrydale offers two different kinds of Christian growth opportunities on Sunday mornings.

The first is the Worship Service. For kids, Marilyn Owen leads the "Bus Stop" at 11am for those in grades 1 and 2, while Pastor Herb Owen leads "Kids Church" for third through sixth graders. These are Worship Services that children can experience, rather than just sitting and observing the adult service.

We also offer smaller groups, Sunday Classes, for fellowship and carefully planned Bible study. For kids, these meet at 9:15am. For example, 5th and 6th graders are in a 70-day study of Bible doctrines, presented on their level in a kid-friendly manner.

For adults and children, both are important.

ISSUE 83 Family Talk

Cherrydale Baptist Church Parents Newsletter

October 10, 2010

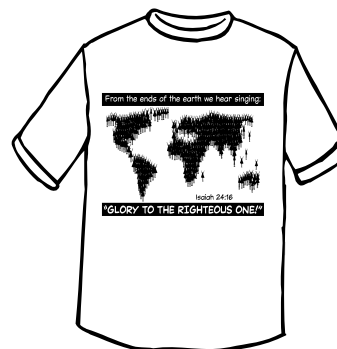
HELP YOUR FAMILY DEVELOP A HEART FOR THE WORLD!

Bring the entire family (parents, kids of all ages, grandparents, too) to meet our missionaries in a new and exciting way. Come for a complimentary dinner next Saturday, October 23 at five o'clock. Then families will travel together through different rooms and centers where our missionaries have set up multi-sensory displays to help you experience their nations and their ministries. This is a great activity



with lots of fascinating, hands-on, and educational experiences for your entire family. We'll end the evening with ice cream and free tee shirts for the kids.

Don't miss it! Parents should come with their kids (infants, too). We'll see you there!



Don't fall into these "traps" of poor parenting

Good parenting doesn't happen by accident (you knew that, right?) Sometimes bad things happen in your children's lives because we had no plans to make sure they *didn't* happen. Here's a simple outline to remind us of some common traps we all face as we live as twenty-first century adults while parenting our children.

Treasure seeking

- Prioritizing money and possessions-We can't make *God* first if we prioritize *things*.
- Preoccupation with popularity-This sounds so silly, but sometimes adults can function like teens trying to "win friends and influence people" in wrong ways.
- Pushing for prominence and success-Don't allow the energy it takes to get a promotion at work rob you of the energy and strength it takes to parent your child.
- Preferring pleasure and travel-Again, parenting must be a priority. Although you still must put your spouse first, sometimes personal fun needs to take a backseat for a while. We just don't have time (or money) to do everything we'd like.

Rejection messages

These are emphasized in Ross Campbell's excellent book, *How to Really Love Your Child* which we also teach in the *Principles for Parents Seminar*. The first three deal with giving your child personal time with you.

- Lack of eye contact
- Lack of physical contact
- Lack of focused attention
- Lack of discipline-In the *Principles for Parents Seminar* we define discipline this way:

DISCIPLINE

A personal program of training my child for the purpose of helping him (or her) obey God and the authorities He has placed over our lives

Absentee parenting

- Workaholic-Remember that never on his deathbed did a person ever say, "I wish I had spent more time at the office".
- Two-career parents-If both parents work, carefully scrutinize your schedule to make absolutely sure your children are getting priority time
- Unnecessary frequency of child care-Child care is great for mom/dad date nights and other activities, but be sure you don't delegate too much parenting to others.
- Lack of quality time-"Quality Time" means you are giving your child 100% of your attention. Watching TV or surfing the internet at the same time don't count

Power struggles

- Mother/father role reversals (passive father, controlling mother)-Parent together!
- A parent's unwillingness to admit mistakes-Confessing your mistakes and sins to your child is an amazing tool to teach them to do the same.
- A parent's possessiveness of the child or the other parent-A family is no place for competition between family members.
- Parents competing with other parents through their children-Youth sports leagues are prime places where parents can relive their childhood (and youthful competitiveness) through their children. Guard yourself!

Spiritual roadblocks

- Differing goals and expectations-Agree before you parent.
- Serving God to the detriment of your family-Parenting is a priority ministry.
- Misunderstanding the character of God-Understand the true meaning of grace.
- Living out of your own resources (not appropriating the life of Christ within you)

"Free me from the trap that is set for me, for you are my refuge." (Psalm 31:4)

—Adapted from June Hunt's *Biblical Counseling Keys on Parenting: Steps for Successful Parenting*. Dallas, TX: Hope For The Heart. (2008).

Mom2Mom needs your help!

Cherrydale has a wonderful ministry for mothers called Mom2Mom. Mothers (especially moms of preschoolers) meet in our gym for much-needed fellowship while their children are cared for in our nursery. The Lord is blessing Mom2Mom -- more and more women from the community (especially unchurched ladies) are coming to our meetings. We want to be able to welcome these women, but to do so we need more people to care of our children. We have both volunteer and paid childcare positions available. If you or someone you know has a heart for kids and is available every other Friday from 9:15-noon, contact jessicamarston@yahoo.com.



Children's baptism

Has your child trusted Christ as savior and expressed a desire to be baptized? The next baptism service for children is **November 14** in the 9:15am service. If your child is considering baptism, call Pastor Herb Owen and set up a time for him to meet with you and your child to talk about it. You can reach Herb anytime at (703) 254-8305.



WE TOOK THE "TRICK" OUT OF "TRICK OR TREAT!"

It's a Cherrydale tradition! This year it's on **Sunday evening, October 31, from 6-8pm**. Bring your kids, the cousins, the neighborhood kids, and anyone else you can find for a great family night. Here is some of what we have planned:

- Purchase hotdogs, chips, and drinks
- Costume judging (separate categories for children and adults!)
- Carnival games with candy awards and those little prizes everyone likes to win (and a few bigger prizes, too!)
- Challenging games for teens and parents
- The big slide (but no water on it for this event!)
- Laser tag again this year for those in third grade and above
- Movie tent with a short evangelistic show
- It's much safer than trick-or-treat and lots more fun than staying home and watching TV.



WANT TO VOLUNTEER? CALL PASTOR HERB OWEN AT (703) 254-8305. WE'LL NEED YOU FROM 5:30-8:30PM. HELP US GIVE FAMILIES A GREAT EVENING TOGETHER.