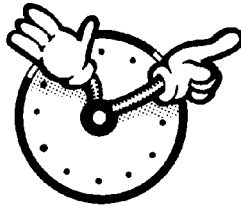


### Nursery Parents

Be sure your diaper bag (and all its contents) are labeled with your baby's name. We have created tags for the diaper bags to identify yours. See Nursery Coordinator Alexandra Murphy for information.

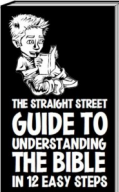
### All Parents

Please show respect for our children's ministry workers by picking up your child immediately after the class, worship service, or ministry you attend has dismissed. And be sure to thank those who teach and work with your children each week. Our workers serve because they love the Lord and love your kids, but your gratefulness gives them the energy and encouragement to keep on keeping on when they see their ministry really matters. Thanks for sharing your children with us. We love being a part of their lives.

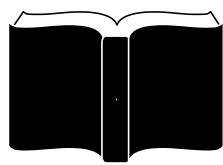


# Coming Soon!

- **Sunday, January 23**-Principles for Parents Seminar—2:00-5:30pm. Childcare provided. Register online at [straightstreet.net](http://straightstreet.net)
- **Sunday, February 6**-Bible 180—Through the Bible for parents and kids in 180 minutes. 2-5pm. Register online.
- **Sunday, February 12**-Baptist—Parents of children desiring to be baptized by Pastor Herb Owen at the 9:15am service should call him at 703.254.8305 and set up an appointment for your child to meet with him.
- **Monday, February 21 (Presidents Day)** - All day choir day camp for Straight Street Singers.
- **Sunday, February 27**-Parent/Child Dedication—Call Pastor Herb Owen to set up a time for parents to meet. You need to have this meeting scheduled by February 13.



Last Sunday our third through sixth graders completed a 13-week study through the entire Bible in Kids Church (11am). The 13 weekly Bible study booklets prepared by Pastor Herb Owen will be available online through this week only at [straightstreet.net](http://straightstreet.net).



**KIDS CHURCH**



# Family Talk

Cherrydale Baptist Church Parents Newsletter

December 26, 2010

## B.L.A.S.T. and Kids Choir begin January 5



Straight Street Singers rehearsal begins at 6:30pm in Straight Street Station on the third floor. B.L.A.S.T. itself is from 7:00-8:30pm. You can register now for B.L.A.S.T. (kids in grades 4-6 will choose their next elective) at [straightstreet.net](http://straightstreet.net). Kids in choir will receive a Parents Information Letter at the first rehearsal with full information. You should go online and register your child for choir and our next musical (Sunday evening, March 20) *after* reading that letter.

## Please show this weekly newsletter to your spouse!

Be sure both parents (in homes with two parents) read Family Talk each week. It contains important *information* that will help you be better parents, as well as *announcements* from our Children and Family Ministry.

## Here's a great New Year's Resolution

Why not pick up one of the "Read Through the Bible" calendars and determine you will read through the Bible in 2011? (Some of our kids have already done that in other years!) Our fifth and sixth graders will begin "Level 99" next Sunday to motivate them to read through the New Testament and study every chapter in 99 days. We'll provide study booklets each Sunday for 14 weeks, and you may want to pick one up for yourself. We'll always have extras available at the Welcome Center kiosk in The Commons. You can read the Bible online (available in over 100 translations in English and in other languages) at [biblegateway.com](http://biblegateway.com). Included are the NIV, ESV, NASB, and the ones we recommend for kids: the *New Century Version* and the *New International Reader's Version*.



## Camp Straight Street begins registration soon



We had a great first summer at our day camp and we'll soon begin registration for year 2. Camp runs for eight weeks in the months of July and August for only \$149 a week (plus a one-time \$15 registration fee). This year you will be able to register online and then mail in your check. Watch for full information coming in January.

All back issues of Family Talk are available online at [cherrydale.org](http://cherrydale.org) on the Children and Family homepage.

# Ingredients for Good Parenting

Just as bread needs yeast to rise, children need certain ingredients to reach the potential that God has placed in them. The three ingredients listed here are required at various stages in the parenting process, depending on the age and maturity level of the child.

## 1. Love

- Children need hugs, physical contact, words of encouragement and affirmation, and quality time—all of these *communicate* love. Love also helps break down barriers and walls that we can't see with our eyes.
- Keep in mind that adolescent children are very *aware of appearances* and may not want to be hugged in front of peers. This has nothing to do with how they feel about you.
- Sometimes, especially in adolescence, our children can feel like our enemies, but in reality they are simply learning how to think and act on their own. *A certain amount of behavior that looks like rebellion is normal.* What's really happening is that they want to make decisions on their own as they are learning to become autonomous individuals.
- As a parent, you are to love your children even when it is undeserved (just as God loves *you* when it is undeserved). That doesn't mean you accept everything they do. Love and acceptance are not synonymous. It *does* mean that you remind them that you *love them even when you disagree* with or are heartbroken by their actions.

## 2. Discipline

- The Bible cautions fathers *not to discourage* their children (Colossians 3:21), but it also says that those who love their children are careful to discipline them (Proverbs 13:24). *Discipline, unlike punishment, always envisions a better future for the child.*
- *Balance is the key.* As a parent, you must discipline and train your children, but you should not discipline as though you are running a boot camp.
- Too many parents try to reason with their youngsters instead of simply delivering on the consequences that were threatened. If you say the child must go to his room if he “does that one more time,” and he does it again, *you must follow through* with exactly what you said. (A far better method is to get into the habit of telling your child *once* what you want and expect obedience.)
- *Consistency is king.* The actual consequence is less important than

the consistency of having consequences when children misbehave.

- *There are three rules* that may help serve as guides in disciplining your children.
  - ♦ *The KFC Rule:* It stands for *kind, firm* and *consistent*.
  - ♦ *This-then-That Rule:* This simply means that, first, the child does what the parents want and then the child gets to do what he or she wants. For instance, “If you want to go swimming, then first you'll need to finish these chores.”
  - ♦ *The Millennial Rule:* This simply means that if you allow your child to “get away” with something, it may take a thousand times of correction to retrain him.



## 3. Guidance

- As a parent, it is in your job description to *teach your children about life*, guiding them in all areas, especially in the truths and principles of God's Word (Deuteronomy 6:4-9).
- Guiding your children may also mean *allowing them to make mistakes*. When a mistake is made and the principal or police officer calls to inform you of the situation, understand that as the parent you are about to walk through a *crisis* with your child. Be prepared to be disappointed with some of your child's choices and behaviors. Do not make the mistake of too readily helping your child get out of difficulties he or she is experiencing because of poor choices and behaviors. More growth takes place through a crisis than at any other time. The issue won't necessarily have long-term bad results just because it happened. The real problem comes if your child feels rejected by you because of the issue or does not learn the lesson that God intended.



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Adopted from *The Quick-Reference Guide to Biblical Counseling* by Dr. Tim Clinton and Dr. Ron Hawkins (Baker, 2009).

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